








ConnectCare3 Platform & App

Empowering a Healthier Workforce

-  Engage employees with incentives and challenges
-  Increase awareness of ConnectCare3's clinical services
-  Improve employee health literacy
-  Available online and via Google Play/Apple Store
-  Included as a part of the ConnectCare3 benefit



The "ConnectCare3" App:



Features & Functions

- HealthyU Learning Modules
- Incentive Tracking & Reporting
- Wellness Checkpoint Health Risk Assessment
- Mayo Clinic Resource Library
- Wellbeing Challenges
- Push Notifications
- Available in English & Spanish